

THE AVERAGE ADULT IS
Missing at Least 2 Teeth.

You're not alone... *We can help!*



am

Mardirossian Periodontics
& Implant Dentistry

**Complimentary
Implant Consultation**

For WestCoast Magazine readers \$150 off
your first implant with
Dr. Mardirossian until year end.

Benefit from experience; Dr Mardirossian has successfully placed over 2500 dental implants and works with your family dentist to ensure outstanding outcomes and pleasing smiles for your satisfaction and self-confidence.



"Quality is never an accident; it is always the result of high intention, sincere effort, intelligent direction and skillful execution. It represents the wise choice of many alternatives."

- Offering IV Sedation
- Board Certified Periodontist
- Faculty Member at Western University Health Sciences
- Most Insurance accepted
- Board Certified Surgical Facility

Call to make an appointment today!

909.613.1366

13197 Central Ave. Suite 201
Chino CA 91710

Located in the Paseo Del Sol Medical Center
www.SCPerioImplant.com



Dr. Mardirossian

Love the Gums You're With

In soreness and in health, you are connected to your gums for life. Yet despite this long term commitment, gums are often found to be in less than stellar condition. Periodontal disease affects approximately 65 million Americans (about 1 in every 5 people), and if left untreated, may cause damage to the tissues and bone surrounding the teeth and can eventually lead to tooth loss.

Luckily, you can easily fix your relationship with your gums by knowing the signs for the different types of gum disease and visiting a periodontist every year.

Gingivitis – Gingivitis is the mildest form of periodontal disease. It causes the gums to become red, swollen and bleed easily. There is usually little or no discomfort at this stage. Gingivitis is often caused by inadequate oral hygiene. It is reversible with professional treatment and good oral home care.

Factors that may contribute to gingivitis include diabetes, smoking, aging, genetic predisposition, systemic diseases and conditions, stress, inadequate nutrition, puberty, hormonal fluctuations, pregnancy, substance abuse, HIV infection and certain medication use.

Periodontitis – Untreated gingivitis can advance to periodontitis. With time, plaque can spread and grow below the gum line. Toxins produced by the bacteria in plaque irritate the gums, stimulate a chronic inflammatory response, and the tissues and bone that support the teeth are broken down and destroyed. The gums then separate from the teeth, forming pockets (spaces between the teeth and gums) that become infected. As the disease progresses, the pockets deepen and more gum tissue and bone are destroyed. Eventually, teeth can become loose and may have to be removed.

Different forms of periodontitis:

Aggressive periodontitis occurs in patients who are otherwise clinically healthy. Common features include rapid loss of attachment and bone destruction. It may be hereditary.

Chronic periodontitis is the most frequently occurring form of periodontitis and is characterized by pocket formation and/or gingival recession. It is prevalent in adults, but can occur at any age. Progression of attachment loss usually occurs slowly, but periods of rapid progression can occur.

Periodontitis as a manifestation of systemic diseases often begins at a young age. Systemic conditions such as heart disease, respiratory disease, and diabetes are associated with this form of periodontitis.

Giving your gums a little extra love and attention can leave you with a happy, healthy smile. Brush your teeth twice a day, floss regularly and visit a periodontist yearly – your gums will love you for it. W